|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **DATA** | | **8.00**  **-**  **8.45** | **8.50**  **-**  **9.35** | **9.40**  **-10.25** | **10.30-**  **11.15** | **11.20-12.05** | **12.10-12.55** | **13.00-13.45** | **13.50-14.35** | **14.40-**  **15.25** | **15.30-16.15** | **16.20-17.05** | **17.10-17.55** | **18.00**  **-**  **18.45** |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** | **11** | **12** | **13** |
|  | **29.09.**  **2018** |  |  | **PP/**  **KZ** | **PP/**  **KZ** |  |  |  |  |  |  |  |  |  |
|  | **13.10.**  **2018** |  |  |  |  |  |  |  |  | **PZ/**  **KZ** | **PZ/**  **KZ** | **PZ/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** |
|  | **14.10.**  **2018** |  |  |  |  |  |  |  | SD/  KI | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** |
|  | **27.10.**  **2018** |  |  |  |  |  |  |  |  | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** |
|  | **28.10.**  **2018** |  |  |  |  |  |  |  | SD/  KI | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** |
|  | **17.11.**  **2018** |  |  |  |  |  |  | PZ/  KI | PZ/  KI | **PZ/**  **KZ** | **PZ/**  **KZ** | **PZ/**  **KZ** | **PZ/**  **KZ** | **PZ/**  **KZ** |
|  | **18.11.**  **2018** |  |  |  |  |  |  |  |  | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** |
|  | **24.11.**  **2018** |  |  |  |  |  |  | PD/  KI | PD/  KI | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** |
|  | **25.11.**  **2018** |  |  |  |  |  |  |  |  | **AD/**  **KZ** | **AD/**  **KZ** | **AD/**  **KZ** | **AD/**  **KZ** | **AD/**  **KZ** |
|  | **08.12.**  **2018** |  |  |  |  |  |  | TP/  KI | TP/  KI | TP/  KI | **PP/**  **KZ** | **PP/**  **KZ** | **PP/**  **KZ** | **PP/**  **KZ** |
|  | **09.12.**  **2018** |  |  |  |  |  |  |  | PD/  KI | **PD/**  **KZ** | **PD/**  **KZ** | **AD/**  **KZ** | **AD/**  **KZ** | **AD/**  **KZ** |
|  | **15.12.**  **2018** |  |  |  |  |  |  | PZ/  KI | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PZ/**  **KZ** | **PZ/**  **KZ** | **PZ/**  **KZ** |
|  | **16.12.**  **2018** |  |  |  |  |  |  |  | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** |
|  | **12.01.**  **2019** |  |  |  |  |  |  | PD/  KI | PD/  KI | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** |
|  | **13.01.**  **2019** |  |  |  |  |  |  | SD/  KI | SD/  KI | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** |
|  | **19.01.**  **2019** |  |  |  |  |  |  | PD/  KI | **PD/**  **KZ** | **PD/**  **KZ** | **PD/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** |
|  | **20.01.**  **2019** |  |  |  |  |  |  | TP/  KI | TP/  KI | TP/  KI | **PP/**  **KZ** | **PP/**  **KZ** | **PP/**  **KZ** | **PP/**  **KZ** |
|  | **02.02.**  **2019** |  |  |  |  | PZ/  KI | **PZ/**  **KZ** | **PZ/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** | **SD/**  **KZ** | **AD/**  **KZ** | **AD/**  **KZ** |
|  | **03.02.**  **2019** |  |  |  |  | **PZ/**  **KZ** | **PZ/**  **KZ** | **PZ/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** | **TP/**  **KZ** |

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| --- | --- | --- | --- |
| **PRZEDMIOT** | | **ŁĄCZNA ILOŚĆ GODZIN** | **NAUCZYCIEL** |
| **PP** | **Podstawy psychologii** | **10** | **Laurencja Kurkowska** |
| **AD** | **Antagonistyczne działanie ośrodków głodu i sytości** | **10** | **Magdalena Jurga** |
| **SD** | **Suplementy w diecie** | **20** | **Magdalena Jurga** |
| **PZ** | **Planowanie żywienia w profilaktyce chorób cywilizacyjnych** | **20** | **Magdalena Jurga** |
| **PD** | **Planowanie diety odchudzającej** | **30** | **Magdalena Jurga** |
| **TP** | **Tworzenie indywidualnego programu odchudzającego** | **30** | **Magdalena Jurga** |
| **RAZEM** | | **120** |  |

**KZ – konsultacje zbiorowe**

**KI – konsultacje indywidualne**